

First class



Functions of the Digestive System

- **Ingestion:** the oral cavity allows food to enter the digestive tract and have mastication (chewing) occurs , and the resulting food bolus is swallowed .
- **Digestion**:
 - **Mechanical digestion** muscular movement of the digestive tract (mainly in the oral cavity and stomach) physically break down food into smaller particles .
 - **chemical digestion** hydrolysis reactions aided by enzymes (mainly in the stomach and small intestine) chemically break down food particles into nutrient molecules , small enough to be absorbed.
 - **Secretion** enzymes and digestive fluids secreted by the digestive tract and its accessory organs facilitate chemical digestion .



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- Absorption passage of the end products (nutrients) of chemical digestion from the digestive tract into blood or lymph for distribution to tissue cells.
- Elimination undigested material will be released through the rectum and anus by defecation .







Organization of The Digestive System

- Organs of the digestive system are divided into 2 main group: the gastrointestinal tract (GI tract) and accessory structures .
- GI tract is a continuous tube extending through the ventral cavity from the mouth to the anus – it consists of the mouth, oral cavity, oropharynx, esophagus, stomach, small intestine, large intestine, rectum, and anus.
- Accessory structures include the teeth, tongue (in oral cavity)
 , salivary glands, liver, gallbladder, and pancreas.





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Layer of digestive system

- Submucosa :-Just beneath the mucosa, Soft connective tissue with blood vessels, nerve endings.
- Mucosa :- innermost layer, Moist membrane

1. Surface epithelium : secretion and absorption, renew every 5-7 days also contain enteroendocrine cells

2. Small amount of connective tissue (lamina propria): contain blood and lymphatic vessel.

- 3. Small smooth muscle layer
- Muscular :- is smooth muscle
 - 1. Inner circular layer
 - 2. Outer longitudinal layer Between them is myenteric plexus
- Serosa :-Outermost layer visceral peritoneum , Layer of serous fluid-producing cells (mesothelium).



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Mouth & Oral Cavity

- Food enters the GI tract by ingestion .
- Food is broken down by mechanical digestion , using mastication .
- One chemical digestive process occur where amylase enzyme in saliva breaks down polysaccharide into disaccharides.
- The tongue , made of skeletal muscle, manipulates the food during mastication . it also contains taste buds to detect taste sensations(intrinsic) .
- Food particles are mixed with saliva during mastication , resulting in a moist lump called bolus for easier passage into or pharynx .



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Teeth

- Adapted for mechanical digestion (mastication) in the oral cavity.
- 20 deciduous or primary teeth before the age of 6.
- By age 7, 32 permanent or secondary teeth are developed & are divided into 4 types: incisors (for cutting), Canines (for tearing), Premolars (for crushing), and Molars (for grinding). these teeth follow the human dental formula of 2-1-2-3.







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Salivary Glands

- 3 pairs of salivary glands called parotid , submandibular , and sublingual gland secrete most of the saliva in the oral cavity , using salivary ducts .
- Saliva helps moisten the food during mastication , dissolve the food in forming the bolus , and help cleanse the teeth.
- Saliva consists of 99.5% water , the remaining 0.5% is dissolved substances including amylase enzyme (for chemically digesting carbohydrate), bicarbonate ion (HCO3 - ; maintains pH of saliva at 6.5-7.5), and many electrolytes.



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Pharynx

 From the mouth, food passes posteriorly into the oropharynx and laryngopharynx, The pharynx is subdivided into the nasopharynx, part of the respiratory passageway; the oropharynx, posterior to the oral cavity; and the laryngopharynx, which is continuous with the esophagus inferiorly.

Esophagus

• The esophagus runs from the pharynx through the diaphragm to the stomach. About 25 cm long, it is essentially a passageway that conducts food (by peristalsis) to the stomach.



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Stomach

- A pouch-like organ primarily designed for food storage (for 2-4 hours), some mechanical and chemical digestion also occur.
- Contains two sphincters at both ends to regulate food movement – cardiac sphincter near the esophagus ,and pyloric sphincter near the small intestine .
- Divided into 4 regions : cardiac stomach (or cardiac), fundic stomach (or funded), body of stomach, and pyloric stomach (or Pylorus).
- Contain thick folds called rugae at its layer , for providing larger surface area for expansion , secretion , digestion , and some absorption



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Gastric Secretory Cells

- Chief cells: secrete pepsinogen (an inactive enzyme).
- Parietal cells: secrete hydrochloric and (HCl) and "intrinsic factor" (which helps absorption of vitamin B12 in the intestines).
- Mucous cells: secrete mucus and alkaline substances to help neutralize HCl in the gastric juice .
- G cells: secrete a hormone called gastrin , which stimulates the parietal cells and overall gastric secretion .





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Small Intestine

- A long tube, with a small diameter (about 1 inch), extending from pyloric sphincter to the ileocecal valve .
- Divided into Duodenum, Jejunum, and ileum.
- 1. Secretions of small intestine:
- a. Intestinal glands secrete a watery fluid that lack digestive enzymes but provides a vehicle for moving chyme to villi .Intestinal enzymes include : **maltase** digests maltose into glucose. **sucrose** digests sucrose into glucose and fructose . lactase digests sucrose into glucose and glucose. **peptidases** digest peptides into amino acids . **lipases** digest triglycerides into fatty acids and glycerol . Nucleases digest nucleotides into nitrogenous bases. **Enterokinase** converts trypsinogen into trypsin.





- Digestive enzymes embedded in the surfaces of microvilli split molecules of sugars, proteins and fats .
- Regulation of small intestine secretions: secretion is stimulated by gastric juice , chyme , and reflex stimulated by distension of the small intestinal wall .
- Each villus contains blood capillaries to absorb water , glucose , amino acids , vitamins , minerals , and short-chain fatty acids , and also contains lymphatic capillaries called lacteals to absorb long – chain fatty acids in the forms of micelles .
- Water is absorbed by osmosis , fatty acids are absorbed by diffusion (since they are fat-soluble), and most other nutrients (glucose, amino acids, & minerals) are absorbed by active transport



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- Large intestine
- The last segment of the GI tract , with a large diameter (2-3 inches), extending from the ileocecal valve to the anus.
- Divided into cecum , ascending colon , transverse colon , descending colon , sigmoid colon , rectum , anal canal , and anus.







- The large intestine has little or no digestive function, although it secretes mucus. Its mucosa has no villa or microvillus, but cotains numerous goblet cells for secreting mucus to aid in the formation of feces and maintain an alkaline condition.
- mechanical stimulation and parasympathetic impulses control the rate of mucus secretion.
- The large intestine only absorbs water, electrolytes and some vitamins .
- Many bacteria inhabit the large intestine, where they break down certain indigestible substances and synthesize certain vitamins.
- feces are formed and stored in the large intestine . Defecation involves a reflex mechanism aided by voluntary contraction of the diaphragm , abdominal muscles ,and the external anal sphincter .



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Major Digestive Enzyme

- Salivary enzyme: Begins carbohydrates digestion by breaking down starch and glycogen to disaccharides .
- Gastric enzymes: Pepsin , from Gastric glands Begins protein digestion . Lipase, from Gastric glands Begins fat digestion .
- Pancreatic enzymes: Amylase , from pancreas breaks down starch and glycogen into disaccharides. Lipase, from pancreas – breaks down fats into fatty acids and glycerol.
- Proteolytic enzymes : Trypsin, Chymotrypsin, and Carboxypeptidase from pancreas breaks down peptides into amino acids . Nucleases, from pancreas breaks down nucleic acids into nucleotides.





Intestinal Enzymes: Peptidase, from mucosal cells, breaks down peptides into amino acids. Sucrose, maltase, and lactase, from mucosal cells, breaks down disaccharides into monosaccharide's. Lipase, from mucosal cells, breaks down fats into fatty acid and glycerol. Enterokinase, from mucosal cells, (breaks down) converts trypsinogen into trypsin.