



AL-Mustaqbal University College

Pharmacy Department

First stage

Practical Histology

(Respiratory system)

Lab 4



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Respiratory system

The respiratory system consists of all the organs involved in breathing. These include the nose, pharynx, larynx, trachea, bronchi and lungs. The respiratory system does two very important things: it brings oxygen into our bodies, which we need for our cells to live and function properly; and it helps us get rid of carbon dioxide, which is a waste product of cellular function.



Respiratory epithelium

Lined by pseudostratified ciliated columnar epithelium

- Ciliated columnar cells: most common, each cell has about 300 cilia
- Goblet cells: secret mucous
- > Brush cells: have short microvilli, nerve fibers, sensory function
- Basal cells: are rounded stem cells that located near basal lamina and show mitotic figures
- Small granule cells (kulchitsky cells = DNEs)
- > Exocrine bronchiolar cells (club cells, formerly known as Clara cells)



Trachea

- Extends through the mediastinum anterior to the esophagus.
- It's made up of 15 20 C-shaped tracheal cartilages that keep the tracheal lumen open and numerous seromucous glands that produce a more fluid mucus.
- Trachea is lined by pseudostratified columnar epithelium.



General features:

Structure:

The trachea is made of four coats, similar to the general structure of the respiratory tract. From inner to outer they are:

1. Mucosa:

- It is composed of epithelium and lamina propria.

- The epithelium is thick and is formed of pseudostratified ciliated columnar variety with goblet cells (respiratory epithelium).

- The lamina propria consists of fibroelastic vascular connective tissue in which the elastic fibers are longitudinally oriented.

- Lymphocytes and mast cells are abundant.

2. Submucosa:

- It is made of loose connective tissue found deep to lamina propria, containing mixed glands. (There is no clear demarcation between lamina propria and submucosa.)

3. Cartilage and smooth muscle layer:

- It is formed by C-shaped hyaline cartilaginous rings. The posterior free ends of the cartilage ring is bridged by smooth muscle and fibroelastic ligament.

4. Adventitia:

- It is made of fibroelastic connective tissue containing neurovascular structures.



The Lungs

The lungs are paired, cone-shaped organs which take up most of the space in our chests, along with the heart.

The lungs are divided into different parts which are called lobes. The right lung has three lobes called upper, middle and lower lobes. The left lung only has two lobes, the upper and lower.



Structure:

- The lining epithelium of bronchial tree gradually decreases in thickness as it is traced distally.

- Similarly, glands and goblet cells also gradually decrease and disappear completely at the distal part.

- The cartilaginous support decreases while the number of elastic fibers increase as the bronchial tree is traced distally.

1. Intrapulmonary bronchus: (i.e., Secondary and tertiary bronchi)

- In the lung each principal bronchus divides into secondary or lobar bronchi. Following layers are observed in these bronchi from inner to outer:

(a) Mucosa:

– It consists of epithelium and lamina propria.

- The epithelium is pseudostratified ciliated columnar variety with few goblet cells.

– The lamina propria is rich in elastic fibers.

- Mucosa is thrown into folds by the contraction of underlying smooth muscle.

(b) Smooth muscle layer:

- This layer consists of spirally running criss-cross bundles of smooth muscle.

(c) Submucosa:

- It contains few seromucous glands.

(d) Cartilage layer and adventitia: The intrapulmonary bronchus contains isolated plates of hyaline cartilage.