The present simple

The present simple is often used with adverbs of frequency (always, usually, often, sometimes, rarely, never) to express how often an action occurs.

Affirmative Form: حالة الاثبات

• Subject + am/is/are (the present tense of "to be") + present participle (the -ing form of the main verb).

Examples:

- I am working on a project.
- She is reading a book.
- They are studying for exams.

حالة النفي:Negative Form

• Subject + am not/isn't/aren't + present participle.

Examples:

- I am not (I'm not) attending the meeting.
- He isn't (is not) watching TV right now.
- We aren't (are not) eating dinner at the moment.

حالة الاستفهام:Interrogative Form

• Am/Is/Are + subject + present participle?

Examples:

- Are you coming to the party?
- Is she working on her assignment?

• Am I interrupting you?

Usage: الاستخدام

- To describe actions happening right now: "I am writing an email."
- To describe temporary actions or situations: "He is staying with us for a week."
- To talk about trends or changes: "The weather is getting warmer."
- To describe planned future actions: "I am meeting a friend later."