



## Principles of Cyber Security\_Lecture 03- Protection Mechanisms

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## Principles of Cyber Security\_Lecture 03- Protection Mechanisms

### Lecture 03: Protection Mechanisms

#### Outline

- Overview
- Objectives
- Authentication Credentials
- Quick Quizzes
- Additional Projects
- Additional Resources



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### Lecture Notes

#### Overview

This lecture deals with authentication and the secure management of user accounts that enforces authentication credentials and then goes on to explain single sign-on systems and the advanced management of credentials needed for such systems.

#### Lecture Objectives

- 3.1 Describe the different types of authentication credentials.
- 3.2 Explain the different attacks on authentication.

#### **OB.3.1: Describe the different types of authentication credentials**

##### **3.1 Authentication Credentials**

1. The authentication can be based on where a user is (geolocation), what a user has (like a token or a card), what a user is (biometrics), what a user knows (such as a password), and what a user does (cognitive and behavioral biometrics).
2. Use Figure 11-1 to illustrate authentication credentials.



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### 3.1.1 What You Know: Passwords

1. We can define the password as a secret combination of letters, numbers, and/or characters that only the user should know.
2. Note that passwords are the most common type of authentication today.
3. Emphasize that despite their widespread use, passwords provide only weak protection.
4. The weakness of passwords centers on human memory.
5. The challenges that passwords present to the human memory.
  - a. Long and complex passwords can be difficult to memorize.
  - b. There are many different passwords to remember because users have so many accounts.
  - c. Security policies that mandate password expiration exacerbate these problems.
6. The shortcuts that people take with passwords including weak passwords and reusing passwords, and the predictable syntax often used. Reference the most common passwords as shown in Table 11-1.
7. The types of attacks against password that were prevalent in the past: social engineering, capturing, and resetting.
8. Detail contemporary password attacks:



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- a. Offline hash algorithm attacks.
- b. Brute force attacks. Note the LM hash, NTLM hash, and pass the hash.
- c. Mask attack. Note the parameters used: password length, character set, language, pattern, skips.
- d. Show the steps and analysis in a rules attack. Cite Figures 11-2 and 11-3.
- e. The dictionary attack begins with the attacker creating encrypted versions of common dictionary words, and then comparing them against those in a stolen password file.
- f. The hybrid attack, which is a variation of the dictionary attack.
- g. Discuss how a rainbow table is used to crack a password; note that tables can be used repeatedly and are available on the internet.
- h. Point out that password collections obtained by attacks provided a massive number of actual passwords, plus insight into users' thinking and password-creation habits.
- i. Review the common attack sequence, citing Table 11-12.



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9. Point out that protection and security of passwords is contingent on rigorous controls by both users and the enterprise.

a. Users:

i. Discuss password length and complexity. Show the increase in complexity based on length as displayed in Table 11-3.

ii. Review password recommendations:

1. Do not use passwords that consist of dictionary words or phonetic words.
2. Do not use birthdays, family member names, pet names, addresses, or any personal information.
3. Do not repeat characters (xxx) or use sequences (abc, 123, qwerty).
4. Explain how to add non-keyboard characters to passwords to increase security.

iii. Review the recommendations for managing passwords and note the rise of password management applications.

b. Enterprises: Review the responsibilities of organizations for password security, i.e., protecting digests.

i. Explain salts and their benefits.



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- ii. Explain key stretching, specifically bcrypt and PBKDF2.

### 3.1.2 What You Have: Tokens, Cards, and Cell Phones

1. Define multifactor authentication.
2. Emphasize that a significant increase in the level of security of authentication credentials can be achieved by using a token.
3. Explain hardware and software security tokens. Figure 11-6 displays a hardware token example.
4. Discuss the advantages that tokens have over passwords:
  - a. Standard passwords are static in nature while tokens produce dynamic passwords that change frequently. Note the two types of dynamic passwords: TOTP and HTOP.
  - b. A user might not know if an attacker has stolen his password, so confidential information could be accessed without the user's knowledge where if a token is stolen it is more obvious.
5. Note that a smart card contains an integrated circuit chip that can hold information, which can then be used as part of the authentication process. Refer to figure 11-8 to illustrate a smart card. Reference the U.S. DoD common access card and the PIV standard.



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6. Point out that cell phones are increasingly used to communicate OTPs.

### 3.1.3 What You Are: Biometrics

1. Note that biometrics authentication involves standard biometrics and cognitive biometrics.
  - a. Explain that standard biometrics uses a person's unique physical characteristics for authentication.
  - b. The most common uses are fingerprints and eye scans via retinal scanners and fingerprint scanners
  - c. Mention the use of voice recognition and the reasons it would prove difficult for a hacker to emulate.
  - d. Note that additional biometric authentication may come from iris scanners, as shown in Figure 11-10, and facial recognition.
2. Review disadvantages of standard biometrics:
  - a. Costs of specialized scanners
  - b. The technology is not yet foolproof. Note the terms FAR, FRR, and CER.
  - c. Researchers have proven that the technology can be tricked.
3. Note that cognitive biometrics is related to the perception, thought process, and understanding of the user.





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4. Explain that cognitive biometrics is considered to be much easier for the user to remember because it is based on the user's life experience and it is very difficult for an attacker to imitate.

### 3.1.4 What You Do: Behavioral Biometrics

1. Explain that behavioral biometrics authenticates by normal actions that the user performs.
2. Detail one of the most promising fields of behavioral biometrics, keystroke dynamics. Keystroke dynamics use the unique typing cadence of each user to create a template, which is then used to authenticate a user. Illustrate using Figures 11-12 and 11-13.

### 3.1.5 Where You Are: Geolocation

1. Introduce geolocation as an authentication method, which can associate a geographic location, ISP, and even days and times to an IP address.



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### Quick Quiz 1

1. A(n) \_\_\_\_ is a secret combination of letters, numbers, and/or characters that only the user should know.
2. The \_\_\_\_ attack conducts statistical analysis on stolen passwords.
3. True or False: A token is typically a small device (usually one that can be affixed to a keychain) with a window display.
4. True or False: Cognitive biometrics is considered to be much more difficult for the user to remember.
5. Authentication that interprets a user's physical whereabouts is known as \_\_\_\_\_.



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### **OB.3.2: Explain the Different Attacks on Authentication.**

#### **3.2.1 Different Attacks on Authentication**

##### **Brute Force Attacks:**

In a brute force attack, an adversary systematically tries all possible combinations of usernames and passwords until the correct one is found. This method relies on the assumption that weak or easily guessable passwords can be discovered through exhaustive trial and error.

##### **Phishing Attacks:**

Phishing involves tricking individuals into revealing their authentication credentials by posing as a trustworthy entity. Attackers often send deceptive emails or messages that appear legitimate, prompting users to enter their usernames and passwords on fraudulent websites.

##### **Man-in-the-Middle (MitM) Attacks:**

MitM attacks involve intercepting and manipulating communication between two parties, such as a user and a server. Attackers can capture authentication credentials during transmission, enabling them to impersonate the legitimate user.



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### Keylogging:

Keyloggers are malicious programs or devices that record keystrokes on a user's computer. By capturing the keystrokes related to authentication, attackers can obtain usernames, passwords, and other sensitive information without the user's knowledge.

### Biometric Spoofing:

Biometric authentication, such as fingerprint or facial recognition, can be compromised through spoofing techniques. Attackers may use artificial fingerprints or facial images to deceive biometric systems and gain unauthorized access.

### Rainbow Table Attacks:

Rainbow tables are precomputed tables of hash values for different possible passwords. In a rainbow table attack, attackers use these tables to quickly find the original password from a stored hash, especially if the password is weak and easily guessed.



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### Password Spraying:

Password spraying is a technique where attackers try a few commonly used passwords across many user accounts to avoid detection by account lockout policies. This method aims to bypass defenses that lock accounts after multiple failed login attempts.

### Additional Resources

1. Security Tip (ST05-012), Supplementing Passwords from US-CERT, the United States Computer Emergency Readiness Team:

<https://www.us-cert.gov/ncas/tips/ST05-012>

2. OAuth

<http://oauth.net/>