Al-Mustaqbal University College Department of Pharmacy First Stage Medical Terminology Lecture: 6

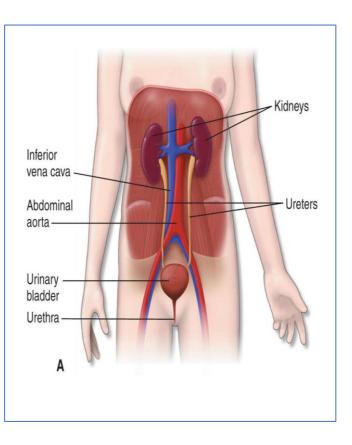


## URINARY SYSTEM

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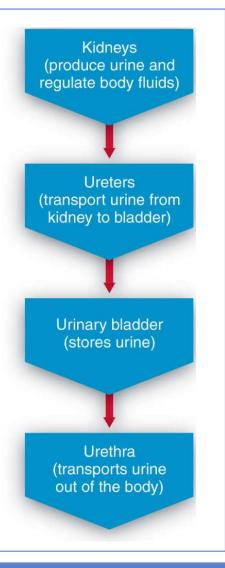
#### **URINARY SYSTEM**

- The urinary system is composed of the kidneys, ureters, urinary bladder, and urethra.
- These organs are responsible for the **formation**, **storage**, and **removal** of urine.
- These processes **start** with the **kidneys**, paired structures that **remove wastes** from the bloodstream, and **reclaim important electrolytes** like sodium and potassium.
- Help regulate <u>blood pressure</u> and <u>fluid balance</u>, and aid in <u>red blood cell production</u>.



#### **URINARY SYSTEM**

- The **kidneys** then form **urine**, which is a <u>fluid containing</u> water and dissolved substances.
- The **ureters** are <u>tubular structures</u> that **transport** urine from the kidneys to the **urinary bladder**, an organ that **stores urine**.
- The **urine** is then **eliminated** through the **urethra**, a canal leading from the urinary bladder to the **exterior**.
- This process **regulates** the amount of **water** in the body and maintains the proper **balance of acids and electrolytes**, which is necessary for human survival.



#### **RELATED WORD PARTS**

Nephr/o and ren/o are both root words that mean kidney.

The term **cyst** and the word part **cyst/o** mean **bladder**.

Whereas the word parts **ur/o** and **urin/o** mean **urine**.

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#### **RELATED WORD PARTS**

Word Part	Meaning
cyst/o	bladder
glomerul/o	glomerulus
-iasis	condition, state
lith/o	stone
nephr/o, ren/o	kidney
noct/o	night
olig/o	few, little
poly-	much, many
py/o	pus
pyel/o	pelvis
ur/o, urin/o	urine
ureter/o	ureter
urethr/o	urethra

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#### **URINARY SYSTEM**

#### Word Parts Exercise

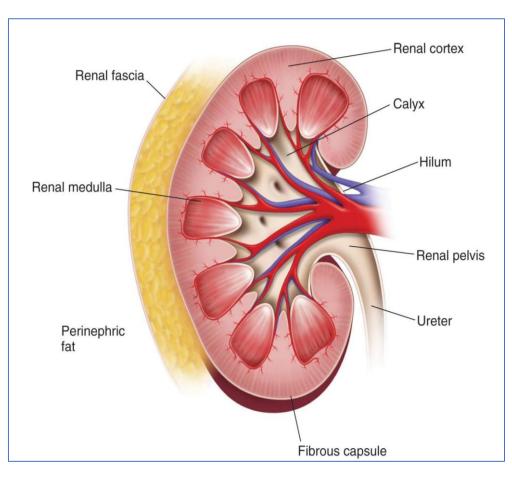
After studying Table 14-1, write the meaning of each of the word parts.

WORD PART	MEANING
1. ur/o, urin/o	1
2. noct/o	2
3. olig/o	3
4. –iasis	4
5. glomerul/o	5

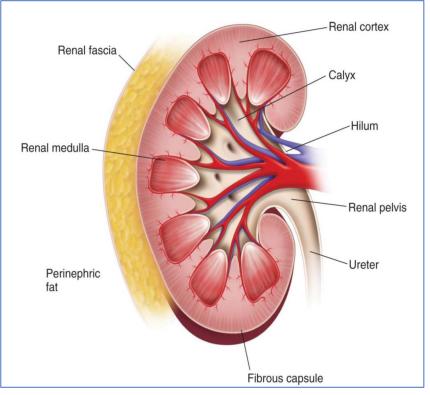
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- The **kidneys** are **bean-shaped** organs and are about the size of a **fist**.
- They lie **retroperiotoneally**, which is <u>posterior to</u> <u>the peritoneum</u>, along each side of the **spinal column.**
- Each kidney is **covered** by a thin membrane called the **fibrous capsule**.
- A thicker layer of fatty tissue, called the perinephric fat or pararenal fat body, that provides protection for this vital organ.
- Finally, a **thin** layer of connective tissue, called the **renal fascia**, forms each kidney's outer covering.

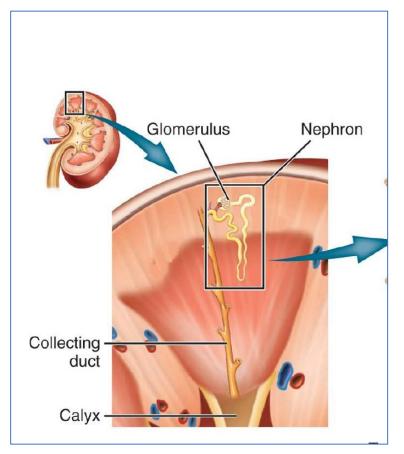


- The **two regions** of the kidney are the outer renal **cortex** and the inner renal **medulla**.
- The **hilum** is the indented and **narrowest** part of the kidney, where **blood vessels** and **nerves** enter and leave.
- The flattened **funnel-shaped** expansion of the upper end of the ureter where urine collects in the kidney is called the **renal pelvis**.
- The **cup-like** structure that drains into the renal pelvis is the **calyx**.

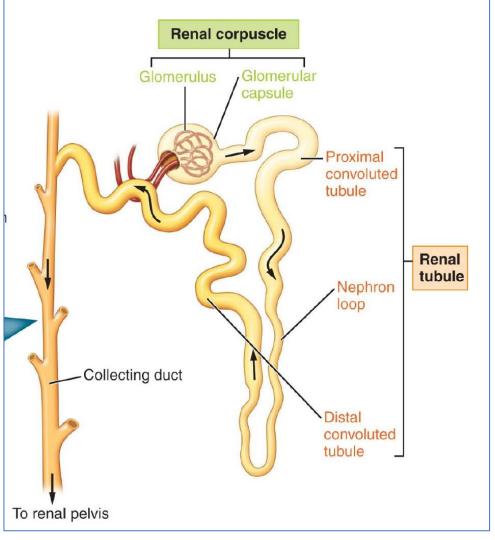


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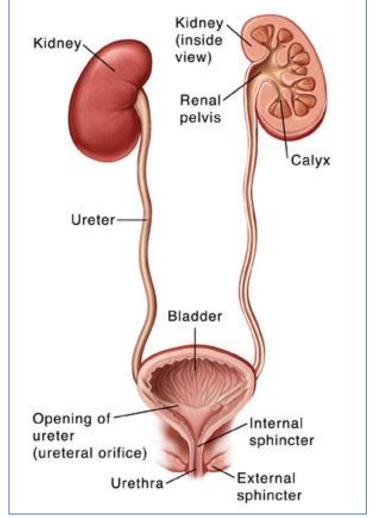
- The kidneys **form urine** and **remove** two natural products of metabolism, **urea and uric acid**, along with **other wastes** from the blood.
- The kidneys also filter, reabsorb, and secrete nonwaste products back into the bloodstream.
- Filtration and production of urine **begin** in the **nephrons**, which are the functional units of the kidneys.
- Each kidney has approximately **1 million nephrons**, and each nephron consists of a **renal corpuscle** and the **renal tubule**.



- The renal corpuscle is a structure composed of the glomerulus and the glomerular (Bowman's) capsule.
- The **glomerulus** consists of a cluster of **capillaries** through which blood and wastes are **filtered**.
- The renal tubule consists of the proximal convoluted tubule, the nephron loop (loop of Henle), and the distal convoluted tubule.

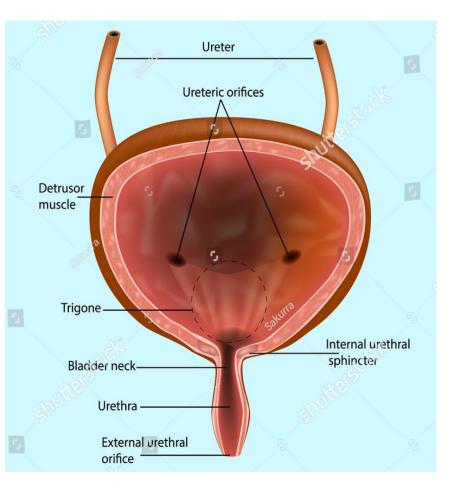


- Fluid **not returned** to the bloodstream becomes **urine**, is collected in the **collecting duct** and moves into the **renal pelvis** before ultimately entering the **ureter**.
- The **ureters** carry the urine to the **urinary bladder**, where it is **stored**.
- The **urinary bladder** stores the urine until a sufficient **volume** causes an **increase in pressure** and triggers the urge to urinate via the **micturition reflex**.



### **MICTURITION REFLEX**

- Micturition is also called urination, uresis, or voiding.
- Urination is regulated by two sphincters, the circular muscles that surround the urethra:
- The **internal urethral sphincter**, which is located at the **entrance** to the urethra and is **involuntarily** controlled.
- The external urethral sphincter, which is located at the distal end of the urethra and is under voluntary control.
- The micturition reflex is a contraction of the walls of the urinary bladder and relaxation of the urethral sphincter in response to the rise in urinary bladder pressure.





#### Fill in the blanks.

1. Name the primary organs of the urinary system.

2. The indented part of the kidney, where blood vessels and nerves enter or exit, is called the \_\_\_\_\_\_.

3. Name the two urethral sphincters.

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### **DISORDERS RELATED TO THE URINARY SYSTEM**

- Dysuria: painful, difficult urination, Incontinence: the loss of urinary control, Retention: the inability to empty the bladder
- Urinary tract infections (UTIs): infections of the urinary tract such as Cystitis, Glomerulonephritis, Nephritis, Pyelonephritis, and Urethritis
- Cystitis: inflammation of the urinary bladder, usually caused by infection.
- Glomerulonephritis: inflammation of the glomerulus, which can involve one or both kidneys, usually caused by infection.
- Nephritis: inflammation of the kidney(s), usually caused by infection
- Pyelonephritis: inflammation of the calyces and renal pelvis, typically due to bacterial infection
- Urethritis: inflammation of the urethra, usually caused by infection.

## TESTS, TREATMENTS, AND SURGICAL PROCEDURES

- Examples include **cystalgia** (pain in the urinary bladder), **cystectomy** (excision of the urinary bladder), and **cystopexy** (surgical attachment of the urinary bladder to the abdominal wall or to other supporting structures).
- A test of kidney function is the **glomerular filtration rate** (GFR).
- Intravenous pyelogram (IVP): An X-ray or computed tomography (CT) scan of the kidneys, ureters, and bladder (KUB) after intravenous injection of a contrast dye.
- Blood urea nitrogen (BUN) is a blood test that measures kidney function by assessing the level of nitrogenous waste and urea that are in the blood.

#### **PRACTICE AND PRACTITIONERS**

A physician who specializes in the diagnosis and treatment of urinary disorders is called a urologist, and the specialty practice is urology.

A **physician** who treats kidney and kidney disorders is called a **nephrologist**. This area of **specialty** is named **nephrology**.

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# THANK YOU FOR YOUR ATTENTION