Resin-based Composites PART 1

Indications:

- 1. Classes I, II, III, IV and V restorations.
- 2. Core buildups
 - 3. Conservative composite restorations (preventive resin restorations)
- 4. Esthetic enhancement procedures:
- Veneers
- Tooth contour modifications
- Diastema closures

Contraindications:

- 1. An operating area that cannot be adequately isolated.
- 2. Class V restorations that are not aesthetically critical.

Advantages:

- 1. Aesthetics
 - 2. conservative of tooth structure removal (less extension; uniform depth not necessary; mechanical retention usually not necessary).
 - 3. low thermal conductivity.
 - 4. bonded to tooth structure resulting in good retention, low micro leakage, minimal interfacial staining, and increased strength of remaining tooth structure
- 5. Repairable.

Disadvantages

- 1. may result to gap formation, usually occurring on root surfaces as a result of the forces of polymerization shrinkage of the composite material
- 2. restoration is more difficult, time-consuming, costly (compared amalgam)

- 3. Are more technique sensitive because the operating site must be appropriately isolated and the placement of etchant, primer, and adhesive on the tooth structure (enamel and dentin) is very demanding of proper technique
- 4. May exhibit greater occlusal wear in areas of high occlusal stress or when all of the tooth's occlusal contacts are on the composite material.

Classification

- 1. Conventional
- 2. Microfilled
- 3. Hybrid -Flowable Packable
- 4. Nano-composite (nanofilled) Completely nanofilled Nanohybrids
- 5. Reinforced

Conventional Composites

- 1. contains 75-80% inorganic filler by weight
- 2. average particle size 8µm
- 3. large size particle and extremely hard filler
- 4. rough surface structure, strontium and barium glass (radiopaque)



Microfilled Composites

- 1. polishable
- 2. smooth lustrous surface similar to tooth enamel
- 3. particle size is $0.01 0.04 \mu m$
- 4. contains 35-60% inorganic filler by weight
- 5. some of physical and mechanical properties are inferior; wear resistant
- 6. low modulus of elasticity (allow restoration to flex)
 - high resin content results in an increased coefficient of thermal expansion and lower strength



Use of Microfilled Composites

• used for low stress restorations, buccal and lingual surfaces of class III and class V

Hybrid Composites

- 1. combines the properties of conventional and microfilled
- 2. contains 75-85% inorganic filler by weight
- 3. particle size is $0.4 1 \mu m$
- 4. physical properties is superior to conventional



Use of Hybrid Composites

• used in moderate stress restorations where strength and wear resistance are more important than surface luster; Class I, class II, class IV

Flowable composites

- 1. flows into cavity due to lower viscosity
- 2. have lower filler content
- 3. inferior physical properties (lower wear resistance, lower strength)
- 4. used in small class I, pit and fissure sealant, marginal repair materials, as the first increment placed as a liner under hybrid or packable composites
- 5. easy to use
- 6. good wet ability
- 7. favorable handling properties are popular features

Packable (Condensable) composites

- 1. more viscous, "thicker, stiffer feel"
- 2. have filler particle feature that prevents sliding of the filler particle by one another
- 3. easier restoration of proximal contact
- 4. similar to the handling of amalgam

Nanofill composites

- 1. Contain filler particles that are extremely small (0.005-001 microm.)
- 2. Because of these small particles a high filler levels can be generated in the restorative material, resulting in good physical properties and esthetics
- 3. Nanofills highly polishable

Completely nanofilled resins

Contain nano-meter sized particles throughout the resin particles

Nanohybrids resins

Consist of large partials surrounded by nano-meter sized particles

Reinforced composites

It consists of a combination of a resin matrix, randomly orientated E-glass fiber and inorganic particulate fillers.

Used as base filling material in high stress bearing areas especially in large cavities of vital and non- vital posterior teeth

Classification according to the method of activation:

1. Chemically-activated composites:

Also, they are called self -curing composite resins. Most commonly available as two-paste system composed of a catalyst and base materials. When these two components are property mixed, the polymerization process is chemically activated. The rate of set is uniform through the bulk of the material causing a gradual increase in viscosity at room temperature. Hence the material has a limited working time, making the technique time sensitive with the increased possibility of air bubble incorporation during mixing of the two pastes and thus affecting the composite physical and mechanical properties.

2. Light-activated composites:

Light activated materials afford a number of advantages over chemically activated ones. The light curable materials are single components, and require no mixing, and so have reduced porosity, and better resistance to wear and abrasion. The working time is virtually that chosen by the clinicians, and the material hardens rapidly when exposed to light. The components of light activated composites are contained in single paste system. The mixture is supplied in various shades in disposable syringes. These syringes are made of opaque plastic to protect the material from exposure to light.

3. Dual cured composites:

Combine self-curing and light curing materials. The self-curing rate is slow and is designed to cure only those portions that are not adequately light cured Specially in the interproximal areas where the access is limited and require special approaches to guarantee adequate light curing energy.