Functions of Respiratory System

- 1. Gas exchange between blood and air.
- 2. Move air to and from exchange surfaces.
- 3. Protect exchange surfaces from environmental variations and pathogens.
- 4. Produce sound.
- 5. Detect olfactory stimuli.

Components of the Respiratory System

- `1. Nose, nasal cavity, and paranasal sinuses.
- 2. Pharynx
- 3. Larynx
- 4. Trachea, bronchi
- 5. Lungs
- 6. Bronchioles
- 7. Alveoli (gas exchange)



The Respiratory Tract divided to

*Conducting portion: Conduct the air movement from nose to small bronchioles *Respiratory portion: Gas exchange region respiratory bronchioles and alveoli



The Respiration Include Three Integrated Processes:

- 1. Pulmonary ventilation-Moving air into and out of the respiratory tract; breathing .
- 2. GAS exchange -Diffusion between alveoli and circulating blood, and between blood and interstitial fluids.
- 3. Gas transport-Movement of oxygen from alveoli to cells, and carbon dioxide from cells to alveoli



Pulmonary Ventilation

- 1.Respiratory cycle-A single breath consisting of inspiration (inhalation) and expiration (exhalation).
- 2. Respiratory rate-Number of cycles per minute
- •Adult normal rate 12 to 18 breaths/minute
- •Child normal rate 18 to 20 breaths/minute
- 3. Alveolar ventilation-Movement of air into and out of the alveoli



*The direction of air flow is determined by the relationship of atmospheric pressure and pressure inside the respiratory tract. Flow is always from higher to lower pressure.





*Quiet breathing-Diaphragm and external intercostals are involved. Expiration is passive.

* Forced breathing-Accessory muscles become active during the entire breathing cycle. Expiration is active.



Lung Capacities and Volumes

1.Vital capacity-Tidal volume + expiratory reserve volume + inspiratory volume.

- 2. VC = TV + ERV + IRV.
- 3. Residual volume-Volume of air remaining in the lung after a forced expiration.



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