

كلية المستقبل الجامعة قسم تقنيات التخدير

### Anatomy

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Lecture Eight : Anatomy of abdomen

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# Anatomy of the Abdomen

### Anterior abdominal wall

The anterior abdominal wall is made up of skin, superficial fascia, deep fascia, muscles, extra peritoneal fascia (transversalis fascia), and parietal peritoneum (figure 1).



The skin is loosely attached to the underlying structures except at the umbilicus, where it is adherent to the scar tissue. The **umbilicus** is a scar representing the site of attachment of the umbilical cord in the fetus; it is situated in the linea alba.



#### **Superficial Fascia**

The superficial fascia is divided into a superficial fatty layer (fascia of Camper) and a deep membranous layer (Scarpa's fascia).

#### **Deep Fascia**

The deep fascia in the anterior abdominal wall is merely a thin layer of connective tissue covering the muscles; it lies immediately deep to the membranous layer of superficial fascia.



### **Muscles of the Anterior Abdominal Wall**

They consist of three muscles that end anteriorly by **aponeuroses;** from exterior to interior they are the **external oblique, internal oblique, and transversus (**Fig. 4). Anteriorly , on either sides of the midline there is a wide vertical muscle called **the rectus abdominis** . As the aponeuroses of the three muscles pass forward, they enclose the rectus abdominis to form the **rectus sheath..** 





### **The External Oblique**

It **arises** from the outer surfaces of the lower eight ribs starting from the 5<sup>th</sup> and fans out to be **inserted** into:

a. the xiphoid process,

b. the linea alba,

c. the pubic crest,

d. the pubic tubercle, and

e. the anterior half of the iliac crest. (figure 5).

The most posterior fibers passing down to the iliac crest form a posterior free border.





### **Superficial inguinal ring**

Is a triangular-shaped defect in the **external oblique aponeurosis** lies immediately above and medial to the pubic

tubercle. The spermatic cord passes through this opening. Between the anterior superior iliac spine and the pubic tubercle, the lower border of the aponeurosis is folded backward on itself to form the inguinal ligament.(figure.( 6 a and b)

Figure. 6a





## **Internal Oblique**

The internal oblique muscle lies deep to the external oblique. It **arises** from: (figure 7)

a. the lumbar fascia,

b. the anterior two thirds of the iliac crest, and

c. the lateral two thirds of the inguinal ligament.



The muscle is inserted into: (figure 8) a. the lower borders of the lower three ribs and their costal cartilages, b. the xiphoid process, c. the linea alba, d. The symphysis pubis.



C Dr. Joe Muscolino (www.learnmuscles.com), art by Giovanni Rimasti



#### **Transversus Abdominis** (figure 9)

The muscle lies deep to the internal oblique. It **arises** from a. the deep surface of the lower six costal cartilages ,

b. the lumbar fascia,

c. the anterior two thirds of the iliac crest, and

d. the lateral third of the inguinal ligament.

It is **inserted** into the **xiphoid process, the linea alba, and the symphysis pub**is.



Figure 9

### The rectus abdominis

**muscle** arises by two heads, from the front of the **symphysis pubis and from the pubic crest**.

It is inserted into the **5th**, **6th**, **and 7**<sup>th</sup> **costal cartilages** and **the xiphoid process**. The rectus abdominis is enclosed between the **aponeuroses** 

of the external oblique, internal oblique, and transversus. which form the rectus sheath.



# Function of the Anterior Abdominal Wall Muscles.

The oblique muscles laterally flex and rotate the trunk. The rectus abdominis flexes the trunk and stabilizes the pelvis. They assist the diaphragm during inspiration by relaxing as the diaphragm descends so that the abdominal viscera can be accommodated. The transverses increases the intra-abdominal pressure and help in micturition, defecation, vomiting, and parturition

Muscle	Role in movement	Role in respiration
Rectus	Flexion of vertebral	Pulls ribcage down-
abdominis	column, assisting in	wards to assist in
	lateral flexion	(forced) expiration
External	Flexion, rotation and	Pulls ribcage down-
oblique	lateral flexion of the	wards to assist in
	vertebral column	(forced) expiration
Internal	Rotation and lateral	Pulls ribcage down-
oblique	flexion of the verte-	wards to assist in
	bral column	(forced) expiration
Transverse	Stabilization of the	Increases intra-
abdominis	pelvis	abdominal pressure
		to assist in (forced)
		expiration

### Nerve Supply of Anterior Abdominal Wall Muscles

The oblique and transversus abdominis muscles are supplied by the lower six thoracic nerves and the iliohypogastric and ilioinguinal nerves (L1). The rectus muscle is supplied by the lower six thoracic nerves.



### Arteries of the Anterior Abdominal Wall (figure10)

**1. The superior epigastric artery,** one of the terminal branches of the internal thoracic artery, it supplies the upper central part of the anterior abdominal wall.

2. The inferior epigastric artery is a branch of the external iliac artery just above the inguinal ligament. It supplies the lower central part of the anterior abdominal wall, and anastomoses with the superior epigastric artery.



# **3. The deep circumflex iliac artery (figure 11)**

#### is a branch of the external

iliac artery just above the inguinal ligament. It supplies the lower lateral part of the abdominal wall. The lower two posterior intercostal arteries, branches of the descending thoracic aorta, and the four lumbar arteries, branches of the abdominal aorta, pass forward between the muscle layers and supply the lateral part of the abdominal Wall.



Figure 11

## **Inguinal Canal**

The inguinal canal is an oblique passage through the lower part of the anterior abdominal wall (figure 12). The canal is about 4 cm long in the adult and extends from the deep inguinal ring, to the superficial inguinal ring,



### **Spermatic Cord**

The spermatic cord is a collection of structures .It **begins at the deep inguinal ring and ends at the testis (figure 13**.)

#### **Structures of the Spermatic Cord**

The structures are as follows:

- Vas deferens
- Testicular artery
- Testicular veins (pampiniform plexus)
- Testicular lymph vessels





figure 13