# Lecture# 15 semester# 2 Coronary artery bypass graft CABG

:by

**Assistant lecturers** 

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2<sup>nd</sup> Class

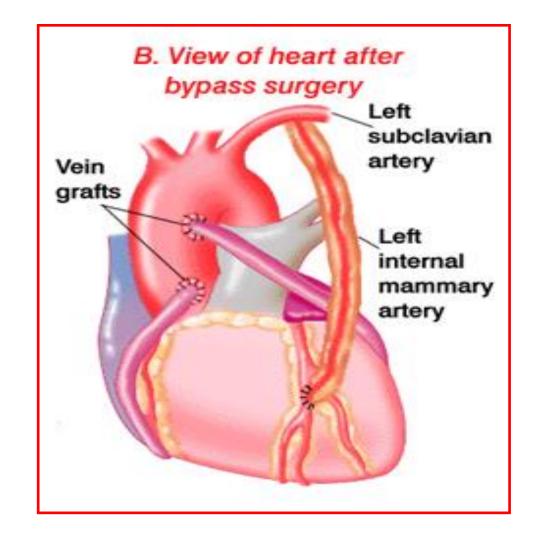
**Adult Nursing** 

## Cardiac surgery

is surgery on the heart or great vessels performed by cardiac surgeons. Frequently, it is done to treat complications of ischemic heart disease (for example, coronary artery bypass grafting), correct congenital heart disease, or treat valvular heart disease

#### What is CABG

Coronary artery bypass graft is the surgical technique which uses saphenous leg veins as grafts (SVG) or the internal mammary (LIMA or RIMA) /radial arteries as grafts to bypass obstructed portions of a coronary artery



#### Causes of CABG

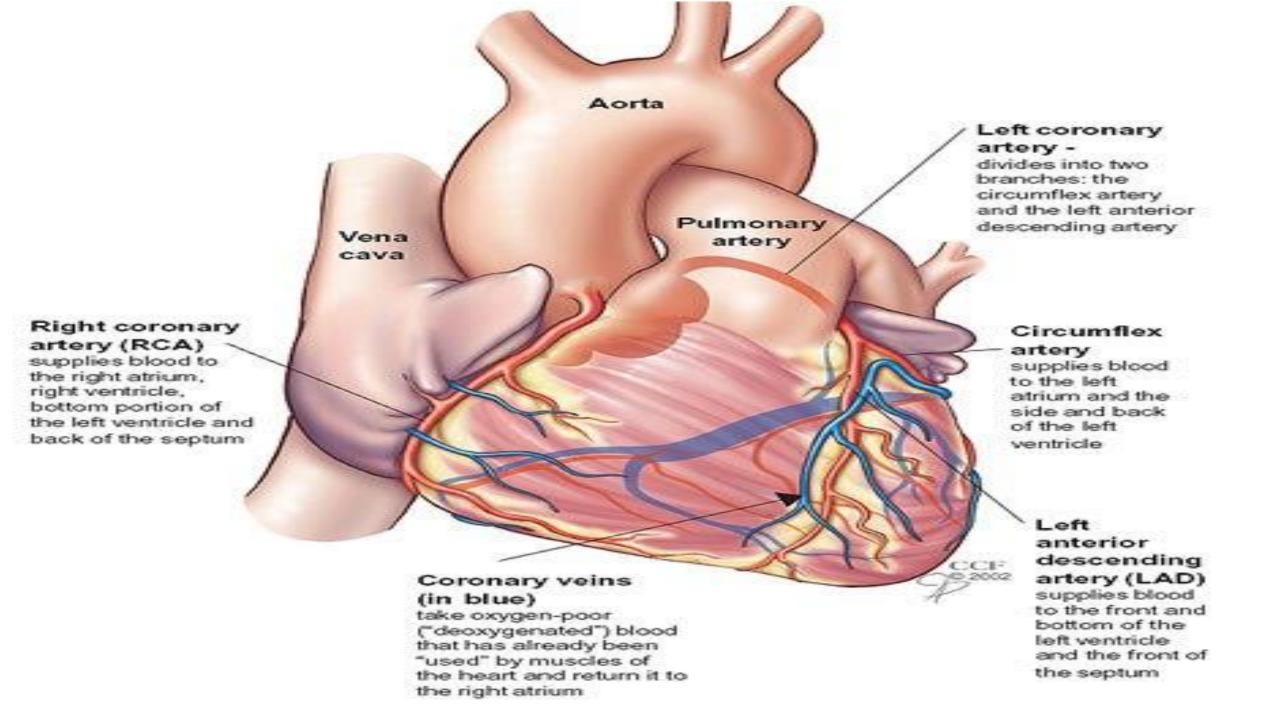
Stable angina but meds not controlling pain, pt has ↓function Non-successful PTCA with evolving MI

**Unstable angina** 

A positive exercise tolerance test [treadmill], & lesions or blockage that cannot be treated by PTCA

A Left Main Coronary lesion or blockage of more than 60% (50%)

Single or double vessel disease with type B or C lesions



#### PREOPERATIVE DIAGONSTIC TEST

**ECG** 

Laboratory (CBC, BUN, ABGs, PT, PTT)

Chest x ray

Echocardiogram

Cardiac enzyme test (troponin )

**TMT** 

#### Standard Cardiac surgery: Requires

CPB(Cardiopulmonary bypass)

Aortic cross clamping

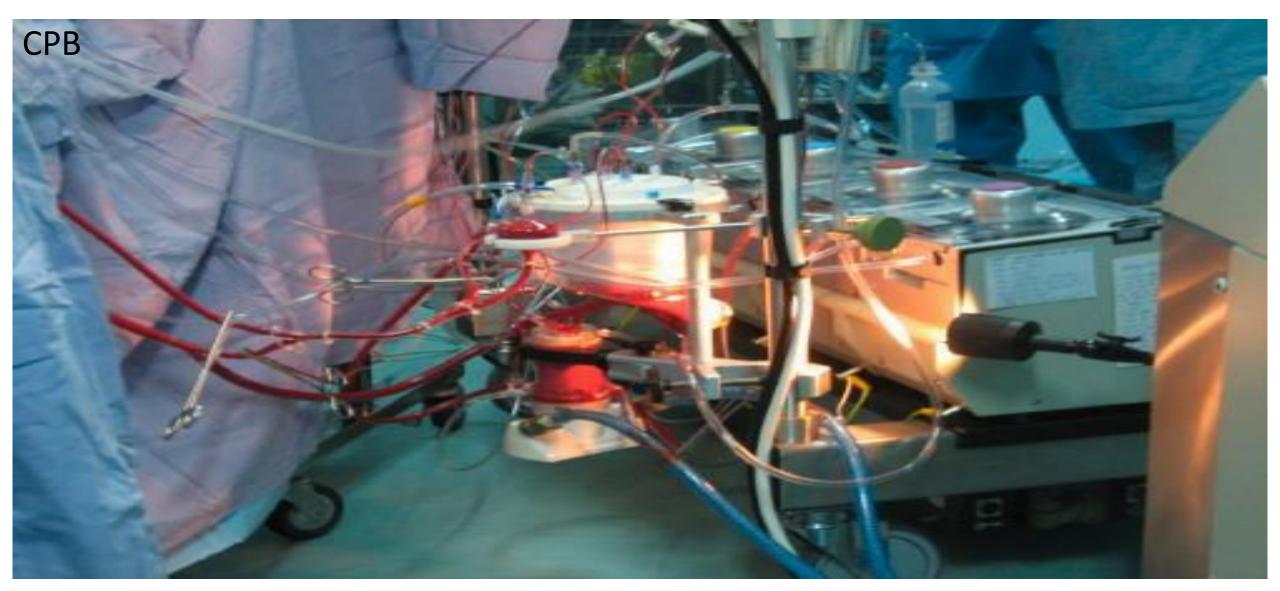
cardioplegia arrest

#### **Cardiopulmonary Bypass**

Moves oxygenated blood around the body during open heart surgery

Core body temp is lowered to 28° C to 32°

### CPB

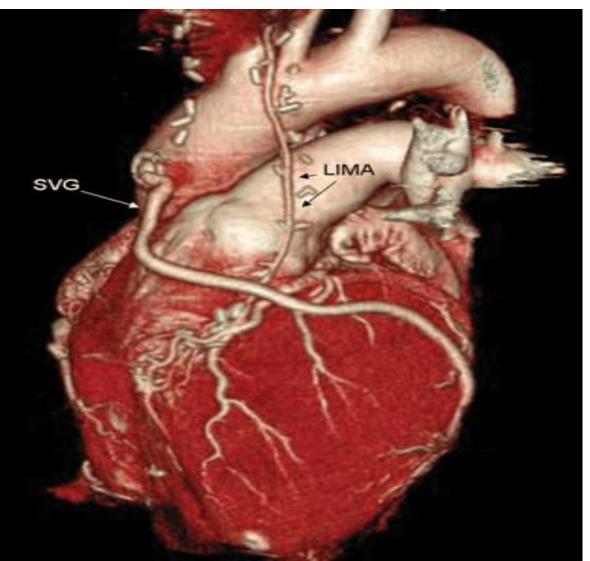


### **Vessel Patency**

internal mammary artery graft 90% patency at 10 years

. saphenous vein graft 50% patency at 10 years





#### Complications of CABG

**Early** 

**Bleeding** 

blood loss not to exceed 300cc/hr (200) in first several hours. After several hours should slow to 150-200 cc/hr. The average total loss is 1 liter

Possible bleed sites

leg & chest wounds

cardiac tamponade- heart is compressed by blood in the mediastinal. The heart is unable to fill adequately causing low CO and Hypotension

#### Late Postoperative Period

**Wound Infection** 

Hepatitis

Pancreatitis [early or late]

Systemic arterial emboli

endocarditis

Dysrhythmias and MI

Occlusion of graft

#### **NURSING MANAGEMENT**

Preoperative Nursing Management.

Intraoperative Nursing Management.

Postoperative Nursing Management.

#### PREOPERATIVE ASSESSMENT

**History** 

Physical examination

Radiographic examination

Electrocardiogram

#### PHYSICAL EXAMINATION

General appearance and behavior

Vital signs

Nutritional and fluid status, weight and Height

Inspection and palpation of heart

Auscultation of heart

Peripheral pulses.

Peripheral edema

#### NURSING DIAGNOSIS

Knowledge deficit regarding the surgical procedure and the postoperative course.

Fear related to surgical procedure, its uncertain outcome, and the threat of well-being.

#### INTERVENTIONS

Patient and family teaching about Hospitalization Surgery Length of surgery Expected pain and discomfort Critical care phase Recovery phase

#### INTERVENTIONS

Physical preparation before surgery

Medications before surgery

Information regarding equipments, tubes that will be present postoperatively

Teaching the postoperative exercises.

## INTRAOPERATIVE NURSING MANAGEMENT

Assisting in surgical procedure

Continuous monitoring

Monitoring for complications: dysrhythmias, hemorrhage, MI, embolization etc.

## POST OPERATIVE NURSING MANAGEMENT

**ASSESSMENT:** 

Neurological status

Cardiac status

Respiratory status

Peripheral vascular status

Renal function

Fluid & electrolyte status

#### POST OPERATIVE ASSESSMENT

Pain

Assessment of equipments and tubings

Psychological and emotional status as patient regains consciousness

Assessing for complications.

#### **NURSING DIAGNOSIS**

Decreased cardiac output related to blood loss and compromised myocardial function

Risk for impaired gas exchange related to trauma of extensive chest surgery

#### INTEREVENTIONS

Monitor cardiovascular status

Assess arterial pressure every 15 min. until stable

Auscultate for heart sounds and rhythms

Assess all peripheral pulses

Hemodynamic monitoring

**ECG** monitoring

Assess cardiac enzymes

Monitor urinary output

Observe for persistent bleeding

Observe for cardiac tamponade

Observe for signs of cardiac failure Prepare to administer diuretics, digoxin

Observe for myocardial infarction.

#### INTERVENTIONS

- Maintain proper ventilation
- Monitor arterial blood gases, tidal volumes, peek inspiratory Auscultate chest for breath sounds
- Provide chest physiotherapy as prescribed
- Promote deep breathing coughing and turning, use of incentive spirometer.
- Teach incisional splinting with a cough pillow to decrease discomfort during deep breathing and coughing
- Suction tracheobronchial secretions as needed, using aseptic technique

# THANK YOU