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- 1. Identify the signs of myocardial ischemia on the ECG.
- 2. Identify which region of myocardium is ischemic.

## Acute myocardial infarction (AMI)

#### • Heart attack

- blood stops flowing to a part of the heart, and the heart muscle is injured because it is not receiving enough oxygen.
- Myocardial Infarction is the rapid development of myocardial necrosis by a critical imbalance between oxygen supply and demand to the myocardium



#### What is Acute Coronary Syndrome (ACS) ?

#### a group of clinical symptoms with acute myocardial ischemia

- **<u>Stable Angina</u>** (chest pain with activity)
- <u>Unstable Angina</u> (Chest pain with activity or rest)
- <u>Myocardial Infarction</u> with positive ECG (ST elevation MI **STEMI**)
- <u>Myocardial Infarction with normal ECG (Non-ST segment elevation MI non-STEMI</u>)
- Cardiac markers in circulation indicates myocardial infarction and help categorize MI and is a useful adjunct to diagnosis

#### What happens during ACS?

Atherosclerotic plaque ruptures and precipitates thrombus formation



Adapted from Stary HC et al. Circulation. 1995;92:1355-1374 and Fuster V. Vasc Med. 1998;3:231-239.

## Acute Coronary Syndrome



# Symptoms of acute MI:

1. Sudden chest pain behind the sternum and sometimes travels to the left arm or the left side of the neck.

- 2. shortness of breath
- 3. Sweating
- 4. Nausea and Vomiting
- 5. abnormal heartbeats, and anxiety.
- 6. weakness, a feeling of indigestion, and fatigue.



## Risk factors are:

- Previous cardiovascular disease
- old age
- Smoking and excessive alcohol consumption
- abnormal blood levels of certain lipids
- diabetes
- high blood pressure
- no physical activity
- Obesity
- chronic kidney disease
- use of cocaine and amphetamines..

## Physical exam

- The physical exam can often be unremarkable غير ملحوظة
- Hypertension
- Hypotension
- Acute valvular dysfunction may be present
- Rales
- Neck vein distention
- Third heart sound
- A fourth heart sound
- Dysrhythmias
- Low grade fever

## Cardiac Biomarkers

- Cardiac biomarkers are protein molecules released into the blood stream from damaged heart muscle
- Troponin T and I
- Creatinine Kinase (CK-MB)
- Myoglobin

## Echocardiography

- evaluating overall ventricular function and wall motion abnormalities
- can also identify complications of MI (e.g. Valvular or pericardial effusion, VSD)

## Localization of MI

- ST elevation
- Inferior wall: II, III, aVF
- Lateral wall: I, aVL, V4-V6
- Anteroseptal: V1-V3
- Anterolateral: V1-V6

## Progression of wave changes

- Hyperacute T wave changes increased T wave amplitude and width
- ST elevation with hyperacute T wave changes (transmural injury)
- Pathologic Q waves, T wave inversion (necrosis and fibrosis)
- Pathologic Q waves, upright T waves (fibrosis)

# Sequence of Changes in evolving acute MI





















#### **ST** Depression







Flat T Wave



#### Inferior MI

aVF.

#### Pathologic Q waves and ST-T changes in leads II, III, Inferior MI



#### Anterior MI



#### Treatment

- Oxygen
- Nitrates
- Beta-blockers
- Unfractionated heparin , Low-molecular weight heparin
- Thrombolytics:
- Percutaneous Coronary Intervention
- Surgical Revascularization