

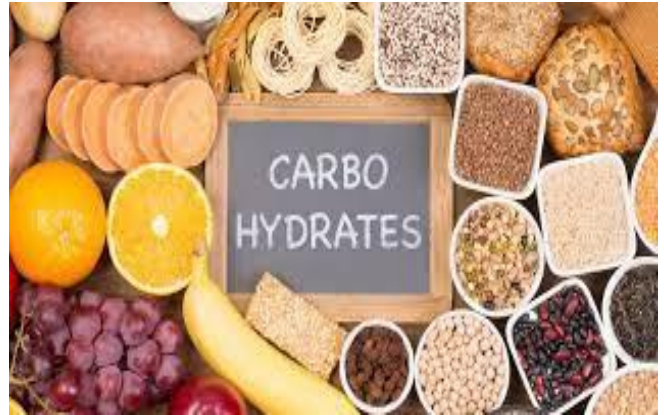
# PHARMACOGNOSY



3<sup>rd</sup>stage / 1<sup>st</sup>trem

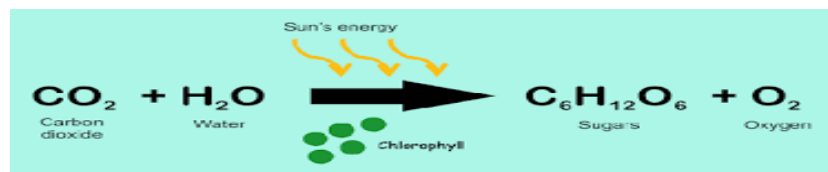
## Carbohydrates

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## Carbohydrates

- Carbohydrates (CHO) are organic compounds (also called hydrated carbon) or polyhydroxy aldehydes or polyhydroxy ketones.
- containing **carbon**, **hydrogen**, and **oxygen**.
- Carbohydrates are widely distributed in plants and animals; they have important structural and metabolic roles.
- In plants, **glucose** is synthesized from carbon dioxide and water by photosynthesis.



## *Importance of Carbohydrates*

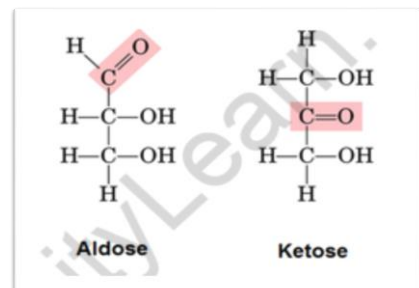
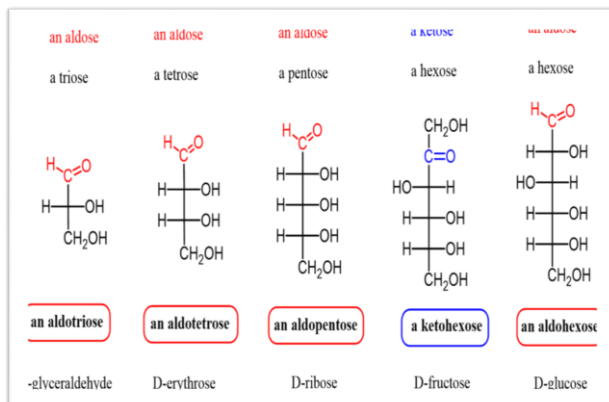
1. Act as a main **source of energy** and **storage** form of energy.
2. Can **be** structural components of many organisms :
  - ✓ Can be cell-membrane components mediating intercellular communication.
  - ✓ Can be cell-surface antigens.
  - ✓ Can be associated with proteins and lipids.
  - ✓ Part of RNA, DNA, and several coenzymes (NAD<sup>+</sup> , NADP<sup>+</sup> , FAD, CoA).

## *Classification of Carbohydrates*

1. **Monosaccharides** are those carbohydrates that cannot be hydrolyzed into simpler carbohydrates i.e. it composed from one unit.
2. **Disaccharides** are condensation products of two monosaccharide units.
3. **Oligosaccharides** are condensation products of two to ten monosaccharides. Example maltotriose (a trisaccharide of glucose).
4. **Polysaccharides** are condensation products of more than ten monosaccharide units; example starches.

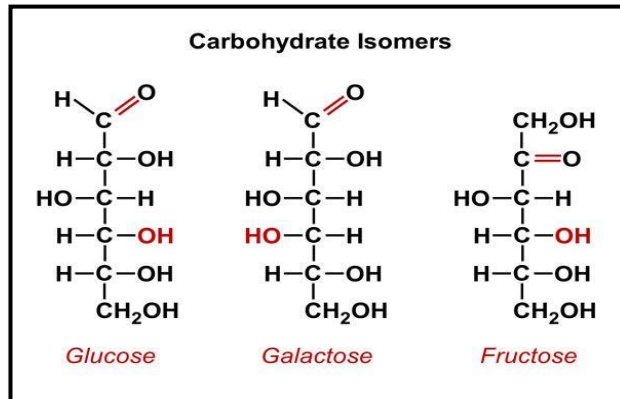
## Monosaccharides

- **Monosaccharides** are those carbohydrates that cannot be hydrolyzed into simpler carbohydrates.
- They may be **classified** as:
  - ✓ **trioses, tetroses, pentoses, hexoses, and heptoses**, **depending** upon the number of **carbon** atoms; and as **aldoses** or **ketoses** **depending** upon whether they have an **aldehyde** or **ketone** group.
- **Hexoses are the most important monosaccharides found in plants.** They are the **first** detectable sugars synthesized by plants and form the units from which most of the polysaccharides are constructed such as glucose, fructose and galactose.



## Isomers

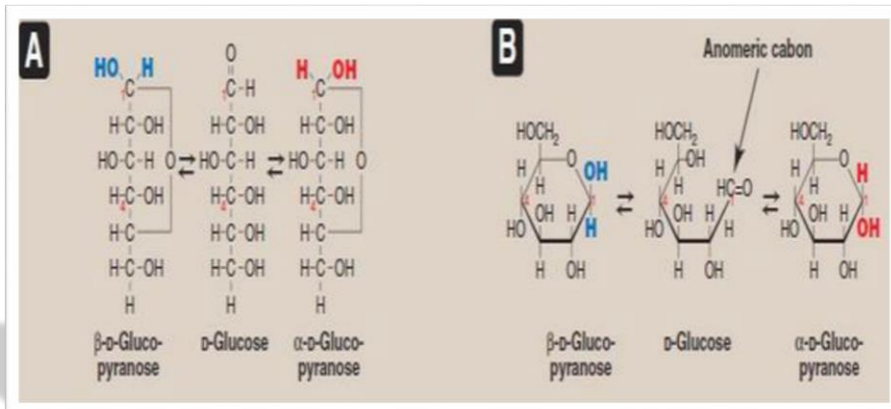
- ✓ Compounds that have the same chemical formula but have different structures are called isomers.
- ✓ **For example**, fructose, glucose, mannose, and galactose are all isomers of each other, having the same chemical formula, **C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>**.



## Cyclization of monosaccharides

- **Less than 1%** of each of the monosaccharides with five or more carbons exists in the **open** chain (**acyclic**) form. Rather, they are predominantly found in a ring (**cyclic**) form, **in which the aldehyde (or keto) group has reacted with an alcohol group on the same sugar, making the carbonyl carbon (carbon 1 for an aldose or carbon 2 for a ketose) asymmetric.**
- Monosachharides can exist in both cyclic structures i.e. either **pyrano** (six membered ring) or **furano** (five membered ring).

- **Cyclization** creates an **anomeric carbon** (the former carbonyl carbon), generating the  $\alpha$  and  $\beta$  configurations of the sugar, for example,  **$\alpha$ -Dglucopyranose** and  **$\beta$ -Dglucopyranose**. These two sugars are both glucose but are **anomers** of each other.



## Reducing sugars

- If the hydroxyl group on the anomeric carbon of a cyclized sugar is **not linked to another compound by a glycosidic bond**, the ring can open.
- The sugar can act as a reducing agent, and is termed a reducing sugar.

## ✓ Joining of Monosaccharides

- Monosaccharides can be joined to form disaccharides, oligosaccharides, and polysaccharides. Important disaccharides include **lactose (galactose + glucose)**, **sucrose (glucose + fructose)**, and **maltose (glucose + glucose)**.

## Disaccharides

Those are compounds that can yield two monosaccharides molecules on hydrolysis. There are three common disaccharides, **sucrose, maltose and lactose**. All of which are isomers with the molecular formula  $C_{11}H_{22}O_{11}$ .

- **Sucrose**: It is the only disaccharide that occurs **abundantly in free state in plants**.
  - ✓ Sucrose is used as sugar at home and occurs in fruit juices, sugar cane, sugar beet, the sap of certain maples, and in many other plants.
  - ✓ Upon hydrolysis; sucrose yields **equimolar quantities of glucose and fructose**.
  - ✓ Sucrose is a non-reducing sugar.
  
- **Maltose**: Maltose although **seldomly occurring in the free state** in nature, is produced in large quantities by the hydrolysis of starch.
  - ✓ Upon hydrolysis, yields **2 molecules of glucose**. It is a reducing sugar.
  
- **Lactose**: Lactose possesses a free functional aldehyde group and is a reducing sugar.
  - ✓ Commercially known as milk sugar. Bacteria cause fermentation of lactose forming lactic acid. When these reactions occur, it changes the taste to a sour one. It is a reducing sugar.

➤ **Oligosaccharides** are condensation products of **two to ten monosaccharides**.

✓ Example **maltotriose** (a trisaccharide of glucose).

### ➤ **Polysaccharides**

✓ Polysaccharides are formed from condensation products of **more than ten monosaccharide units**. If only one type of monosaccharide unit is present, the polysaccharide is a "**homoglycan**" but a "**heteroglycan**" if more than one kind of monosaccharide is involved.

### ➤ **Examples of Homoglycans:**

- 1- **Starch**: composed of glucose.
- 2- **Inulin**: composed of fructose.
- 3- **Dextran**: polyglucagon formed from sucrose.
- 4- **Cellulose**: consist of several hundred of D-glucose.

### ➤ **Examples of Heteroglycans**

1. **Gums**: They are **translucent, amorphous** substances that are frequently produced in higher plants as a protective after injury.  
✓ They are ingredients in **dental and other adhesives and in bulk laxatives**. They are also useful as **tablet binders, gelating agents, suspending agents, stabilizers, and thickeners**.

**2. Tragacanth:** is the **dried, gummy** exudate from Astragalus gummifer.

✓ Tragacanth is employed pharmaceutically as a **suspending agent** for insoluble powders in mixtures, as an **emulsifying agent** for oils and resins, and as an adhesive. It is employed in **cosmetics (hand lotions)** as a **demulcent**.

**3. Acacia:** Acacia is the **dried, gummy** exudate from the stems and branches of Acacia Senegal.

✓ Acacia is used as a **suspending agent**. It possesses useful **demulcent** and **emollient** properties and finds applications as an adhesive and **binder** in tablet granulations.

**4. Agar:** is the dried, **hydrophilic**, colloidal substance extracted from Gelidium cartilagineum is used as a **laxative, suspending agent, an emulsifier**, and as a **tablet excipient and disintegrant**.

**5. Plantago seed (psyllium seed):** is the cleaned, dried, ripe seed of Plantago psyllium. Plantago seed is a **cathartic**.

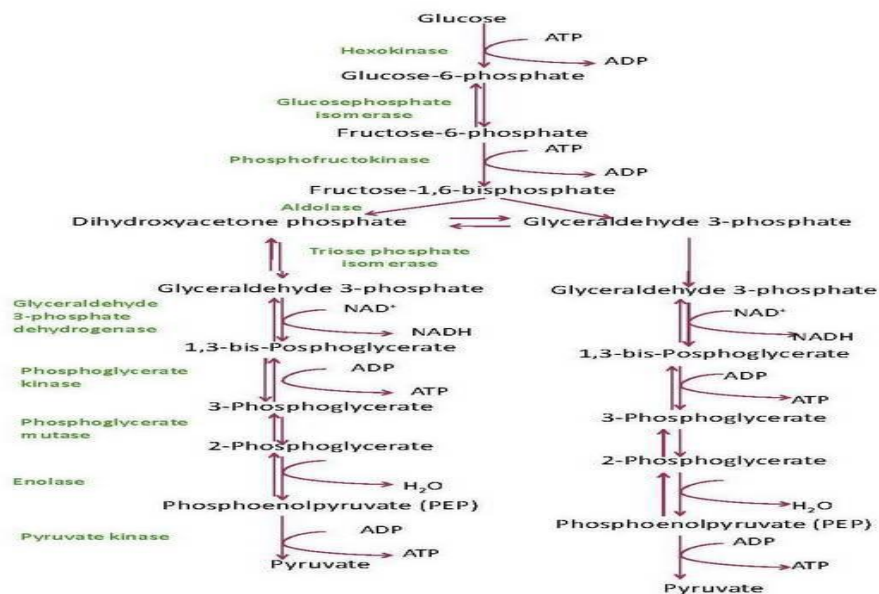
**6. Pectin:** Pectin is a purified **carbohydrate** product obtained from the dilute acid extract of the inner portion of the rind of citrus fruits or from apple. Pectin is classified as a **protectant and a suspending agent** and is an ingredient in many **antidiarrheal formulations**.



## Carbohydrate utilization

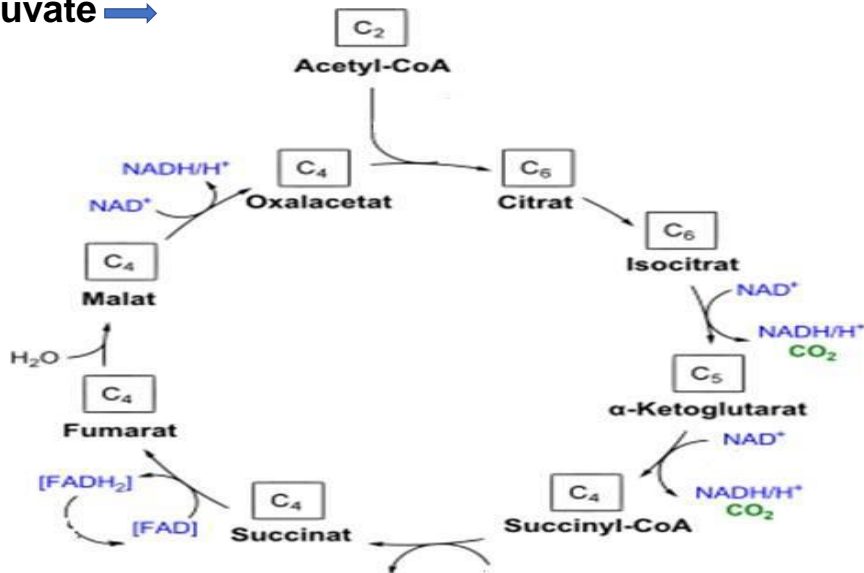
- Storage carbohydrate such as the **starch** of plants or **glycogen** of animals is made available for energy production by a process which involves conversion of **glucose to pyruvate** by **glycolysis** and then the **pyruvate converted to acetylcoenzyme A**, then will pass to **the tricarboxylic acid cycle (TCA)**.
- As a result of this, the energy rich **carbohydrate is oxidized to CO<sub>2</sub> and H<sub>2</sub>O**.
- Coenzymes in TCA will carry the liberated hydrogen atoms to the cytochrome system in which the energy is liberated in stages, with the formation of ATP from ADP.
- The hydrogen combines with oxygen to form water.

## Embden-Meyerhof scheme ( pathway) of glycolysis:



## Tricyclic acid cycle:

Pyruvate →



➤ The overall reaction for the metabolism of one molecule of glucose in terms of ADP and ATP is:



### Glucose

#### In the cytoplasm

Glycolysis: 2 ATP → 2 ATP

#### In the mitochondria

From glycolysis: 2 NADH → 6 ATP → 6 ATP\*

#### From respiration:

Pyruvic acid → acetyl CoA: 1 NADH → 3 ATP (× 2) → 6 ATP

Krebs cycle:  $\left. \begin{array}{l} 3 \text{ NADH} \rightarrow 9 \text{ ATP} \\ 1 \text{ FADH}_2 \rightarrow 2 \text{ ATP} \end{array} \right\} \text{1 ATP} \times 2 \rightarrow 24 \text{ ATP}$

Total:

38 ATP

