

# *Fundamental of Nursing*

*Alaa Hamza*

## Definition of Nurse

One who cares for the sick ,the injured and mently and emotionally disabled.

One who advice and instruct individuals ,groups ,and communities in the prevention ,treatment of illness and disease.

An essential member of health team who have skills and knowledge

.

## Qualification of Nurse

- Mental and physical health
- Well educated
- Good power of observation
- Good memory for details
- Being clean, tidy ,gentle and clever
- A calm ,clear ,pleasant speaking voice
- Normal hearing ability and willingness to listen
- A sense of discipline and responsibility
- An optimistic attitude to word life and success

## Definition of Nursing

As an art , and scientific knowledge and skills in assisting individual to achieve optimal health it is the diagnosis and treatment of human responses to actual and potential problem .nursing is caring and art ,science ,client centered ,holistic ,adaptive concerned with health promotion ,health maintenance ,health restoration, nursing is helping profession

# Health

A state of complete to physical, mental, social well being and the absence of disease or infirmity.

Mean person functionally normal.

Is influenced by social, psychological  
Cultural ,economic, political factors .

## Factors that affecting health

- Environmental factors (natural, social, life style.)
- Nutrition and fluid
- Biological factors
- Medications and treatments
- Physiological factors(

## **The role of the world health organization in maintenance of health**

- Control of communicable disease
- Research work
- The health environmental controlled
- Personal care and hygiene
- Nutrition and fluid

## The basic daily human needs of individuals

- Health environment
- Sleep and rest
- Body activity
- Nutrition and fluid
- Mental, emotional and spiritual support



# Factors that affecting health environment

- Health housing
- Temperature and humidity of the air
- Ventilation (air circulation)
- Lighting
- Quietness
- Safety of the environmental

## Definition of hospital

a place where people who are ill or injured are treated and taken care of by doctors and nurses

## Classification of Hospital

- ❑ General hospitals
- ❑ Special hospitals

## Functions of hospitals

- Care of the patient
- Inservice education
- promotion of the level of health
- Scientific researches.

## **Definition of patients**

Is a person who is receiving medical treatment from a doctor or hospital .is also someone who is registered with particular doctor .