



University : Al-Mustaqbal University College Country : Iraq Web Address : <u>https://uomus.edu.iq/en/default.aspx</u>

3.3: collaboration and health services

3.3.5: Does your university as a body provide students and staff with access to mental health support?

Due to the stress that a normal person suffers from in normal day life, MUC has put a great deal of concern to the mental fitness and health of its staff and students. Through <u>MUCs mental health clinic</u>, it provides therapy, consultancy, and advice to whoever requires any help. The mental health clinic at MUC is open from 8:30 AM to 15:00 PM (Saturday – Thursday) of every week. In addition to the clinic, several workshops and campaigns have been focused on the issue of mental health such anxiety, borderline disorders, and PTSD.



Mental Health Section in Al-Mustaqbal University College